



What are my human rights values?

Human rights values cards

Aim:

Learn to respect other people's views and rights

Instructions:

Divide participants in several groups. Each group should be formed of at least 2 people. Each group will receive a set of cards with the values. They will first be asked to think of a definition for each value and write it in the space under "Define it". They will get 10 minutes for this task. After they filled in the definitions, they will exchange the cards between the groups at random and they will be asked to write down an example of a situation when that value was respected. After 10 minutes the cards will be changed again between groups. The next task will be to write down an example of a situation when the value was not respected. After other 10 minutes, the cards will be mixed again so that each group gets a card with a different example than the one they wrote.

At the end, each group will have to choose 4 cards they agree with and 3 cards they do not agree with. When all the groups chose their cards, a top will be made, showing which value cards were chosen most and which ones got the biggest number of disagreements.

Afterwards, a discussion will start with the whole group and participants will be asked to motivate their choices.

Some reflection questions to be asked:

- was it easy to fill in the cards and find appropriate examples?
- are the examples given matching your own values?
- are there common values everybody agrees upon?
- can we find a compromise so that all the human rights values are respected and agreed upon?

Resources:

- the 7 sheets with human rights values cards
- pens

Time needed:

at least 45 minutes

Cards values:

- Cooperation
- Respect
- Fairness
- Inclusion
- Respect for diversity
- Responsibility
- Acceptance

Value Human Rights	Define it	Value respected	Value not respected
Cooperation			
Respect			
Fairness			
Inclusion			
Respect for diversity			
Responsibility			
Acceptance			